

MY ACTION PLAN

MY ACTION PLAN

Name:



Things I can do NOW	What will help me achieve my goal?	What might get in the way of reaching my goal?	Where can I get help to achieve my goal?	When do I want to reach my goal?	How will I know I have reached my goal?
<i>Example: Partly dry clothes on the line and bring them inside to finish drying on a rack</i>	<i>A clothes rack</i>	<i>Bad weather, which means I'll need to dry the clothes inside</i>	<i>Hardware store, to buy a clothes rack</i>	<i>Next week</i>	<i>I'll be using my dryer a lot less, hopefully not at all</i>
Things I can do IN THE FUTURE	What will help me achieve my goal?	What might get in the way of reaching my goal?	Where can I get help to achieve my goal?	When do I want to reach my goal?	How will I know I have reached my goal?
<i>Example: Use an ECO setting and correct water level on my washing machine</i>	<i>A newer model washing machine</i>	<i>Not having enough money to buy a new machine</i>	<i>A NILS loan will help me reach my goal</i>	<i>Early 2013</i>	<i>I'll be using economical settings and saving water and energy</i>

